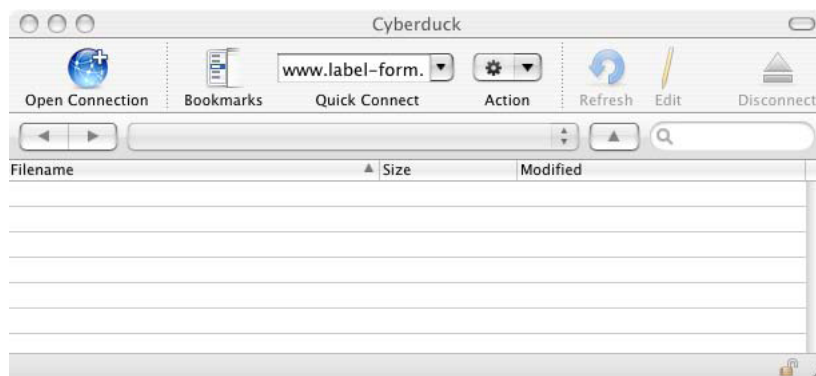


How do I use FTP?

A number of FTP applications are available and generally they are simple and easy to use.
In this example I am going to use Cyberduck on my Mac
(You can download Cyberduck free of charge from www.cyberduck.ch).

Step 1: Launch Cyberduck and enter www.label-form.tobit.net
in Cyberduck's Quick connect box



Step 2: A dialogue box will ask you for your username *studio*
and password *Orange+1mac*



Step 3: Upload your files by dragging and dropping them.

Other ftp software is available from Fetch <http://fetchsoftworks.com>

IMPORTANT! Label-form Limited does not recommend third party software.
This guide is only based around Cyberduck as it is available to all Mac OS X users.